



SAMMY'S CHALLENGES

How many of these can you check off during the week?

I did some exercise!

I was helpful!

I had a healthy snack

I built something!

I read a book

I worked with numbers!

I carried out an investigation!

I listened well!

I did some tidying!

I learnt something new!

I did some exercise!

I tried a new football skill!

I cleaned some dishes!

I did some exercise!

I played outside in a safe way!

I did some exercise!

I had a healthy snack

I read a book

I listened well!